

	Monday	Tuesday	Wednesday	Thursday
Weeks 1 & 5				
Meat Entrée	Meat Ravioli w/Meat Sauce	Chicken Tacos	Sweet n Sour Pepper Steak	Chicken Tenders
Veg Entrée	Cheese Ravioli w/Marinara	Veggie Tacos	Sweet n Sour Mixed Veggies	Mac & Cheese
Side	Garlic Bread	Whole Wheat Tortilla Shells, Sour	Wild/Brown Rice Blend	Wheat Dinner Roll
Veggie	Green Beans	Cream	Oriental Veggies	Carrots
Fruit	Pears	Veggie Corn, Lettuce, Tomato,	Mandarin Oranges	Peaches
		Jalapeños		
		Tropical Fruit Salad		
Weeks 2 & 6				
Meat Entrée	Beef Lasagna	Beef & Cheese Burrito	Lemon Baked Chicken	Beef Sloppy Joes
Veg Entrée	Veggie Lasagna	Bean & Cheese Burrito	Roasted Root Veggies	Vegan Sloppy Joes
Side	Garlic Knot	Mexican Style Wild/Brown Rice	Mashed Potatoes	Potato Wedges
Veggie	Broccoli	Blend	Mixed Greens	Carrots & Peas
Fruit	Peaches	Corn & Black Bean Mix	Tropical Fruit	Mandarin Oranges
		Fruit Pears		
Weeks 3 & 7				
Meat Entrée	Chicken Alfredo w/ Fettuccine	Chicken Quesadillas	Roasted Turkey	Ham & Cheese on Croissant
Veg Entrée	Alfredo w/ Fettuccine	Cheese Quesadillas	Roasted Eggplant	Apple & Cheese on Croissant
Side	Garlic bread	Lettuce, Tomato, Sour Cream,	Sweet Potato wedges	Potato Salad
Veggie	Broccoli	Jalapeños	Garden Salad	Mixed Veggies
Fruit	Tropical Fruit	Corn	Fruit Cocktail	Peaches
		Mandarin Oranges		
Weeks 4 & 8				
Meat Entrée	Bacon Grilled Cheese	Taco Salad w/Shredded Chicken	Beef Burgers	Italian beef sandwiches
Veg Entrée	Grilled Cheese w/ Egg	Taco Salad w/ beans	Veggie Burgers	Mostaccioli
Side	French Fries	Blue Corn Chips	Potato Wedges	Sweet potato wedges
Veggie	Diced Peppers & Tomatoes	Corn & Black Beans	Carrots	Garden salad
Fruit	Mandarin Oranges	Pears	Peaches	Fruit Salad
Friday Bag Lunch	Sandwich Options	Chip Options	Fruit Option	Juice Option (M-F option)
Options				
All lunches served	Chipotle Chicken Lunch Meat	Sun Chips	Apple Sauce Pouches	Bottled Water
with granola bar,	Honey Roasted Turkey Lunch Meat	Pop Chips Sour Cream & Onion	Mixed Fruit Cups	100% fruit punch
hip & fruit option	Ham Lunch Meat	Pop Chips BBQ		100% apple juice
	Veggie Wrap			